

# HALL STROKE CLINIC REGISTRATION FORM

CHILD'S NAME \_\_\_\_\_

CHILD'S AGE \_\_\_\_\_

LEVEL OF EXPERIENCE? \_\_\_\_\_

PARENT'S NAME \_\_\_\_\_

CONTACT NUMBER \_\_\_\_\_

MAILING ADDRESS \_\_\_\_\_

E-MAIL ADDRESS \_\_\_\_\_

\_\_\_\_\_  
(PARENT SIGNATURE)

PLEASE RETURN AS SOON AS POSSIBLE TO  
RESERVE YOUR SPOT. THANK YOU AGAIN  
FOR SUPPORTING SETON HALL SWIMMING

Hall Aquatic Club  
400 South Orange Avenue  
South Orange, NJ 07079

# HALL AQUATIC CLUB

## STROKE CLINIC

## WINTER 2012



RON FARINA—Director  
[www.hallaquaticclub.com](http://www.hallaquaticclub.com)  
Head Swim Coach  
Hall Aquatic Club  
400 South Orange Ave.  
South Orange, NJ 07079



## HALL STROKE CLINIC

The goal of our Stroke Clinic is to provide swimmers who are interested in learning more about competitive swimming with the opportunity to swim in a year round program without requiring the intense commitment that is usually required. We will focus on refining stroke technique while simultaneously building endurance. While we expect some competitive swimming experience, this program is designed for children of various ability levels, aged between 7 and 18. The Seton Hall University Swim Team and its staff will run the clinic.

We also hope for each child to see and feel improvement in self-esteem and confidence while improving their fitness level.



## **HALL STROKE CLINIC**

### SCHEDULE

#### **TUESDAY**

**6:15-7:00PM**

#### CLINIC MEETS ON:

**JAN: 10,24,31**

**FEB:7,14,21,28**

**MAR:6**

#### **THURSDAY:**

**6:15-7:00PM**

#### CLINIC MEETS ON:

**JAN:12,19,26**

**FEB:2,9,16,23**

**MAR:1**

#### **SATURDAY:**

**10:15AM-11:00AM**

#### CLINIC MEETS ON:

**JAN: 28**

**FEB:4,11,18,25**

**MAR:3**

*Please note that certain weeks are skipped due to SHU travel schedule.*

### Questions?

Ron Farina: 973-761-9594

[www.hallaquaticclub.com](http://www.hallaquaticclub.com)

**FEES**– Fees are to be paid at the beginning of each session. It is imperative that the student fees are paid in full, on or before the first lesson. If payment is not received prior to the first lesson, the lesson(s) will be suspended

### TUESDAY CLINIC FEE

**8 SESSIONS \$160.00**

### THURSDAY CLINIC FEE

**8 SESSIONS \$160.00**

### SATURDAY CLINIC FEE

**6 SESSIONS \$130.00**

### TUES/THURS CLINIC

**16 SESSIONS \$300.00**

### TU OR TH / SAT CLINIC

**14 SESSIONS \$270.00**

### TUES/THURS/SAT CLINIC

**22 SESSIONS \$400.00**

Make all check payable to:  
Hall Aquatics  
400 South Orange Ave.  
South Orange, NJ 07079

**WWW.HALLAQUATICCLUB.COM**